

For more information

Copies of the full strategy are available from:

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Or you can download a copy from:

www.wandsworth.gov.uk/carers.strategy

www.wandsworthccg.nhs.uk/publications

WANDSWORTH CARERS & YOUNG CARERS STRATEGY 2017-2020



Our vision in Wandsworth is to raise awareness of the vital roles played by carers and young carers; to collectively provide good quality personalised support to carers, and young carers and those they care for; to build solid networks ensuring that carers and young carers know where to go for information and support; to enable carers and young carers to balance their own lives with their caring roles, and; to ensure that local service providers understand these needs and are committed to meeting them.

The Aim of the Strategy is to:

Ensure, over the next three years, that the support needs of carers and young carers are identified, assessed and met by those responsible for providing care and support to them and those that they care for.

Key Objectives for the Strategy are to:

- Facilitate change in the way that health and social care professionals think about carers
- Raise awareness among the general public to encourage more carers to self-identify and to access support early on
- Reduce the negative impact that caring often has on health & wellbeing

Developing the Strategy

The strategy was developed by the Wandsworth Carers Partnership Board with input from carers and young carers.

Priorities and Actions

Feedback from carers was grouped into four priority areas, these are:

- 1 Identification and recognition** - Supporting those with caring responsibilities to identify themselves as carers at an early stage, recognising the value of their contribution and involving them from the outset both in designing local care provision and in planning individual care packages.
- 2 Realising and releasing potential** - Enabling those with caring responsibilities to fulfil their educational and employment potential
- 3 Supporting carers to stay healthy** - Supporting carers to remain mentally and physically well
- 4 A life alongside caring** - Personalised support both for carers and those they support, enabling them to have a family and community life

Along with the strategy we have developed an action plan. Over the next three years this will help us to achieve the aims that we have set out in the strategy. We will continue to review the action plan to make sure that we are doing what we said we would do.