Better care and a healthier future for Wandsworth

NHS Wandsworth Community Grants Networking Event Report

January 2019

Battersea Arts Centre

Naomi Good
Patient and Public Engagement Manager Wandsworth

Better care and a healthier future for Wandsworth
Better care and a healthier future for Wandsworth
We heard from a vibrant and diverse range of groups and organisations as follows:

<table>
<thead>
<tr>
<th>Group/Project</th>
<th>Contact/Leaders</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mindworks</td>
<td>Miranda Taggart and Sahar Begg</td>
<td>Therapeutic support for women who have suffered or going through domestic violence and sexual abuse</td>
</tr>
<tr>
<td>Generate</td>
<td>Amy Ferguson and Mike Dignam</td>
<td>Workshops to develop a healthy eating recipe book for people with Learning Disabilities</td>
</tr>
<tr>
<td>Wandsworth Vision</td>
<td>Andrew Law</td>
<td>Registered National Institute for the Blind Courses to support independent living.</td>
</tr>
<tr>
<td>Sen Talk</td>
<td>Annaliese Boucher, Tia Wright and Katia Toffanello</td>
<td>Sensory processing workshops for parents of children with a Learning disability.</td>
</tr>
<tr>
<td>Nicholas Stewart Project</td>
<td>Jennifer Beckford</td>
<td>A series of outdoor and indoor workshops to support vulnerable people to eat well.</td>
</tr>
<tr>
<td>The Venue - Waste Not Want Project</td>
<td>Hadas Hago and Laura Price</td>
<td>Bringing what would otherwise be wasted food to the plates of neighbours in need to prevent waste while providing nourishing fresh food.</td>
</tr>
<tr>
<td>Christchurch Primary School</td>
<td>Annelene Hursthouse and Susan Perry</td>
<td>Creating a community school garden for outdoor learning and workshops with children and parents.</td>
</tr>
<tr>
<td>Wandsworth Diabetes Champions</td>
<td>Paul Dong</td>
<td>Promoting self help and raising awareness of Diabetes, the risk factors and the signs and symptoms</td>
</tr>
<tr>
<td>Event summary</td>
<td>Dr Sian Job</td>
<td>Highlights from the project presentations.</td>
</tr>
<tr>
<td>NHS Wandsworth Community Grant call for applications</td>
<td>Naomi Good</td>
<td>Relaunch of the grants scheme, call for applications, guidance and grant criteria.</td>
</tr>
<tr>
<td>Voluntary Sector Coordination Project</td>
<td>Lauren Ashley</td>
<td>Support for voluntary organisations and community groups in Wandsworth to connect, collaborate and communicate.</td>
</tr>
<tr>
<td>Wandsworth Council Grants</td>
<td>Harriet Steele</td>
<td>Grant s and application process for Wandsworth Council funding.</td>
</tr>
</tbody>
</table>
NHS Wandsworth
Community Grant Networking Event

Over thirty representatives of Wandsworth local groups and the voluntary sector attended our event to celebrate the vibrant, local community projects we support and learn from the progress of current grantees and their projects to support healthier and happier lives in our borough.
NHS Wandsworth Community Grants Networking Event

Equality and diversity of attendees:

**GENDER**
- Female: 61%
- Male: 39%

**AGE**
- 26-35: 28%
- 36-45: 22%
- 46-55: 39%
- 66+: 11%

**ETHNICITY**
- White - British: 56%
- Black - Caribbean: 17%
- Asian British - Indian: 5%
- Mixed / Multiethnic - White and…: 6%
- Mixed / Multiethnic - Arab: 6%
- Mixed - Other white background: 11%
We reached a diverse group of people from the local community in Wandsworth as the graphs illustrate. The age range represented was 36-66+ so we will look to ensure younger populations are engaged through the grants scheme going forward. We also will look to strengthen our links with the LGBTQi groups in the borough. We are keen to ensure we continually engage with and listen to the needs specific to both Primary and Secondary Carers in all of our Patient and Public Involvement work.
NHS Wandsworth Community Grants Networking Event

Equality and diversity of attendees

- Not Disabled: 67%
- Physical impairment (Unilateral lower limb loss): 5%
- Sensory impairment (Visual impairment): 5%
- Mental Health condition: 5%
- Learning disability or difficulty: 9%
- Long-term illness (Diabetes, COPD, Heart by-pass): 9%

DISABILITY
NHS Wandsworth Community Grant Networking Event

We heard from the Voluntary Sector Coordination Project which exists to support groups in Wandsworth to connect, collaborate and communicate both with each other and Wandsworth NHS Clinical Commissioning Group and Wandsworth Borough Council to work together in addressing health equality.

People were invited to join the network of over 400 Wandsworth based voluntary organisations and community groups to receive regular ebulletins with local news, events, training and funding opportunities and to participate in the quarterly Voluntary Sector Forum.

email: WVSCP@wandcareall.org.uk  Telephone: 020 8516 7768
NHS Wandsworth Community Grant Networking Event

We were joined by Harriett Steele, Senior Project Officer from Wandsworth Council.

Established in April 2015, the Wandsworth Grant Fund (WGF) provides all small grants (£500 - £10,000) for community and voluntary sector organisations in the borough.

The new dates for 2019 will be announced soon.

Wandsworth Council support projects under six themes:

- Arts and culture
- Environment and attractive neighbourhoods
- Children and young people
- Citizenship and civic engagement
- Achieving aspirations and potential
- Health and well-being

email: wgf@wandsworth.gov.uk  website: www.wandsworth.gov.uk/info/200567/wandsworth_grant_fund
## Your Feedback: Thank you!

**What went well:**

- Agenda and flow well organised. Informative and inspirational presentations demonstrating how alive the community is today.
- Great networking opportunities, well facilitated.
- Networking and informed about plans to NHS Services. Great Food. Thank you for all you do.
- Fantastic event. Good to hear about other local groups.
- Timing and variety of presentations was very good. Good explanation of the grants criteria.
- Seeing all the presentations and the great work that everybody is doing and the wonderful things the grants have made happen.
- Great range of presentations.
- Very interesting to hear grant speakers. Thank you for lunch.
- Great presentations from a wide variety of groups. Well facilitated and a great venue.
- Good to hear the presentations from grant participants and find out what is going on in the borough.
- Hearing all the excellent work done by others especially organisations that could be our potential partners.
- So amazing to hear about the variety of services available in our community.
- All the presentations and videos were really good.
- The presentations.
- We love the graphic.
- Good variety of projects.
Community Grants Networking Event Chair

Dr Sian Job, Clinical Lead
Patient and Public Involvement

A former Battersea GP of 31 years, Sian has been working on Patient and Public Involvement within the NHS since 2000.

Some of Sian’s current work includes:

- Productive Patient and Public Involvement
  - within General Practice
- Clinical Reference Groups
- Patient and Public Involvement Reference Group
- Thinking Partners Group

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Your Feedback: Thank you!

The event would have been even better if....

- different seating was provided - the fold up chairs with a hole in the back is very tiring and painful.
- it was held in a slightly bigger room.
- we had a bigger venue. More time would also be good.
- we had a larger room.
- although it would difficult, it would be great to hear a presentation from a former recipient who can describe the longer term benefits of the grants.
- I think the event serves its purpose well.
- it was slightly longer to involve Q and A's
- no, everything was good and very well organised in a nice venue.
- more organisations who are interested to apply for a grant were invited.
NHS Wandsworth Community Grants
Call for applications 2019

Naomi Good
Patient and Public Engagement Manager

Better care and a healthier future for Wandsworth
Community Grants 2019
Call for applications

We are inviting grant applications from small and developing organisations within the Wandsworth voluntary and community sector to help you to participate and engage in the local NHS.

The Wandsworth Community Grants Scheme aims to:

• support closer working relationships between small, developing, voluntary and community organisations and Wandsworth NHS Clinical Commissioning Group.

• address and support understanding of the needs of people who find it difficult to access healthcare.

Better care and a healthier future for Wandsworth
Community Grants 2019

Call for applications

Requirements

We are interested in supporting projects that:

• work with people who experience barriers when accessing healthcare.
  (for example people with sensory and/or physical impairments, cultural or social barriers or those who may not speak English as their first language).

• encourage small, developing, voluntary sector organisations from the Wandsworth community to create a project which can be supported by a grant of up to and no more than £2500.

Better care and a healthier future for Wandsworth
Community Grants 2019
Call for applications

• The project must not be a continuation of work already in place.

• Priority will be given to groups who have not been previously involved in the scheme.

• Groups that received a grant last year will not be eligible for further funding for the same project, but we will be happy to consider new projects from those organisations.

• All projects must be completed by February 2020

Better care and a healthier future for Wandsworth
Community Grants 2019

Call for applications

Your commitment:

You will:

• Join our Thinking Partners group and attend at least two meetings whilst you are receiving funding from us
  (Thinking Partners focus on equality and diversity issues and the group is made up of CCG staff, representatives from community groups and organisations. A Thinking Partner is a person with expertise, experience and understanding of issues relevant to the community demographic they identify with for example Lesbian, Gay, Bisexual or Transgender).

• Come to our AGM

• Attend our Annual General Meeting event in public to share news about progress with your project.

• Attend grant scheme support workshops 3 x per year.

Better care and a healthier future for Wandsworth
Community Grants 2019

Application Process:

• Applicants should complete the application form provided.

• Completed applications must be received by Thursday 14th February 5pm and must be emailed to:

  naomi.good@swlondon.nhs.uk
  Naomi Good
  Patient and Public Engagement Manager
  NHS Wandsworth Clinical Commissioning Group

• Projects will be selected based on:

  - the relationships and reach the organisation has with people whose voices are least heard.
  - how the project aims to reach groups who have trouble in accessing healthcare in the borough and the organisations commitment to developing a relationship with the local NHS.
  - we encourage creative and new ideas for projects that engage and empower local people.
  - the project must be new and not a continuation of work already in place.
  - Single events will only be supported in the context of wider project activity.

• Successful applicants will be notified on Monday 25th February 2019.

Better care and a healthier future for Wandsworth
Community Grants 2019

Call for applications

How we will support you

- Community groups interested in making an application can get feedback prior to applying by:

1. Attending our **Wandsworth Community Grant Scheme Networking event 11:30am-1.30pm on 16th January 2019.**

2. Joining the Wandsworth Community Grant Scheme webinar **11am-12noon on Monday 4th of February**

   or simply send an email with the heading:

3. **Wandsworth Community Grant Scheme Guidance**
   
   to **naomi.good@swlondon.nhs.uk**
   
   on either **Monday 11th February or Monday 4th February** for a same day response.

Better care and a healthier future for Wandsworth
Grantee Presentations:

(Please note not all Grantees presented using a power point format so a video is being made to share all of the presentations)

Better care and a healthier future for Wandsworth
Community Grants

Mindworks

Miranda Taggart and Sahar Begg

Better care and a healthier future for Wandsworth
Community Grants Networking Event

Generate

Amy Ferguson and Mike Dignam

Better care and a healthier future for Wandsworth
Community Grants Networking Event

Wandsworth Vision (Pocklington Trust)

Andrew Law

Better care and a healthier future for Wandsworth
Community Grants Networking Event

Sen Talk

Annaliese Boucher
Tia Wright
Katia Toffanello

Better care and a healthier future for Wandsworth
Sen Talk Parent Workshops
Understanding Sensory Behaviour (SPD)
Introduction to Sen Talk CIC

• Community Interest Company that sets out to challenge discrimination of children with social communication difficulties and promote inclusion through all its projects and efforts

• To provide better outcomes for children with special educational needs and is dedicated to improving the emotional and social development Autistic children and children with ADHD.
Identifying the need

• Children with SEND are now up to 7 times more likely to experience exclusion from education (DfE 2016)

• ADHD is the most common childhood disability

• Up to 80% of children with an ADHD diagnosis with have some sort of Sensory processing difficulty

• 80% children with ASD are in mainstream education
The project set out to...

- provide accessible workshops for 30 parents/carers with children with ASD/ADHD
- Help parents manage sensory related behaviour more effectively
- Support community understanding of complex sensory needs in children with ASD/ADHD
Aims of the project

- Empower parents to support their children’s sensory processing difficulties
- Tackle social isolation of parents and carers
- Support children to develop self-management skills translatable in different settings
- Access to professional support and advice from a range of therapists; Occupational Therapists (OTs), Speech and Language Therapists (SaLT) and behavioural experts.

(c) Sen Talk CIC Company number. 11087294
Course content

- Identifying sensory issues
- Managing Behaviour
- Supporting Anxiety
- Developing Social Skills
- Improving Emotional Regulation
- Strategies and Resources

(c) Sen TaIK CIC Company number. 11087294
Parents supporting parents
Developing skills
Creating resources for home
Techniques and strategies
Outcome of the project

- 33 parents and carers from Wandsworth Borough attended the programme
- Over 120 predicted beneficiaries
- 100% participants met expected targets
- 100% participants increased knowledge of Sensory Processing
- 100% feel more confident in managing their child’s behaviour
Community Grants Networking Event

Nicholas Stewart Project

Jennifer Beckford

Better care and a healthier future for Wandsworth
Community Grants Networking Event

The Venue –
Waste Not Want Project

Hadas Hago and Laura Price

Better care and a healthier future for Wandsworth
Homeless Feeding Project
Our work

- Waste Not Want Not Project exists to gather and redistribute waste resources to benefit the residents of Battersea and Wandsworth.
- Since 2017 we have been redistributing surplus food through weekly sessions in a local community centre (The Venue, SW11 4ND) and a local youth centre (Providence House, SW11 2LW).

Homeless Feeding Project background

- As part of our work we run community meals at both venues once a month, utilising fresh fruit and vegetables collected from New Covent Garden Market, Tesco and other suppliers.
- Since February 2018 we have been taking leftovers from these events to feed homeless people around the local area and beyond.
- The CCG funding supported us to buy flasks to carry out this activity, as well as travel expenses for volunteers, and a small amount towards monitoring and evaluation and coordination.
Health and wellbeing needs of beneficiaries

Anecdotal accounts / stories:

“A man we met had been on the streets 8 years in the same bus stop and declined to eat soup because he doesn't have a toilet overnight - needs meaty things."

“An Iranian wanted to go home and see his mother but his passport can’t be given to him in the consulate before a process was made in his country and they needed £35."

“In March we met Mr M and Ms N who were warming each other up on a corner, and in April we found Mr M and he had just been told that his partner passed away from spice overdose. So we had coffee with him. He was having a breakdown.”

“Ms D and Mr R were recently made homeless in April, the police raided and locked up the place because they were living in someone else’s council house.
Over the course of the project we have:

- Carried out monthly community meals (Feast & Film) followed by homeless feeding sessions on the first Saturday of every month
- Worked in Clapham Junction area, Battersea Doddington, Vauxhall, Waterloo, Clapham Common, Clapham High street, the Strand, Trafalgar square and Portland Street
- Delivered 11 homeless feeding sessions, reaching out to 60 people on average at each session
- Distributed over 650 meals
- Provided a traditional Christmas lunch to 25 people at The Venue on Christmas Day 2018, serving homeless people, bed bound local residents and those unable to afford or access a healthy home cooked meal
Food pick-up from New Covent Garden Market

Waste Not Want Not - Homeless Feeding Project
Community Fridge and food sharing at The Venue
Preparation for Feast & Film

Out in all weathers!

Waste Not Want Not - Homeless Feeding Project
Transporting hot food, tea and coffee for homeless outreach
Homeless feeding session
Christmas Day at The Venue
After hearing about the project, people in our community also donated tents, bedding, toiletries and clothing for us to give out to rough sleepers.
Quotes and stories

- “Very good project, helps people who can’t afford bare necessities” (Joan, beneficiary)

- “Where would we be without people like you” (Mark, beneficiary)

- “When we meet people who are homeless, they sometimes have not eaten a proper meal for a whole day or even longer. We can see what a difference it makes to them to have something hot to eat and to have someone to talk to.” (Ollie, volunteer)

- On Christmas Day we met a man called Indi, born and bred in Battersea. His relationship had broken down, he was couchsurfing from friends to friends and sleeping on the streets when he had nowhere to go. He had no family that could help. He came and had dinner, took socks and toiletries and even offered to volunteer as he was so moved by the whole operation. (Hadas, project coordinator)

- Mary, one of our long-term volunteers, came out to help us with homeless outreach just a month before she passed away. One wouldn’t even guess how unwell she was from seeing her, she was so uplifted by the whole experience despite her suffering. It was beautiful to see. (Hadas, project coordinator)

Waste Not Want Not - Homeless Feeding Project
Community Grants Networking Event

Christchurch Primary School

Susan Perry and Annelene Hursthouse

Better care and a healthier future for Wandsworth
Christ Church Primary School

NHS Community Grant
Community school garden project
Focus on learning outside

Results in

• Physical health
• Mental health
• Emotional wellbeing
• Spiritual growth
Working with parents, families, and carer’s

- Conducted health and wellbeing survey
- Engaged with local community
- Found out more about their health, how they feel, what they are interested in
- How to work together?
Result so far....

- 46 questionnaires returned out of 169 distributed (27% response)
- Hard work!
- Takes time to build relationships and trust
- 22 people interested in
  - Healthy Eating
  - Exercise and Outdoor Activities
  - Relaxation/Well-being
  - Growing as a Family – activities for adults and children
Next steps

• **Kids survey** – links to school nurture project
• **Talks** (doctors, dentists – invite to tree planting / gardening day)
• **Parents ‘goody bags’** – with NHS and other health & wellbeing info
• **Events** linked to the development of new garden (storytelling, gardening, patio pots)
• **Recipe swaps** – engaging different cultures – break down barriers
• Creating **peer support** and strength in community
Watch this space...
Community Grants Networking Event

Wandsworth Diabetes Champions

Paul Dong

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