INFORMATION FOR PARENTS AND CARERS

Child Sexual Abuse Hub

A place for you and your child to share your thoughts and get the support you need

EVERY CHILDHOOD IS WORTH FIGHTING FOR
Who are we?
We are the National Society for the Prevention of Cruelty to Children. We help children who’ve been abused to rebuild their lives, we protect children at risk, and we find the best ways of preventing child abuse from ever happening.

What is the Hub?
The Child Sexual Abuse Hub is a service that provides medical and emotional support to children and young people; soon after making a disclosure of sexual abuse. The service is available to families living in Croydon, Kingston, Merton, Richmond, Sutton and Wandsworth, who have been referred for a medical examination.

Medical support
When your child is referred to the Hub, they will receive a medical assessment. The doctors will explain to you and your child what this will involve, and will make sure you are both comfortable with the examination. It will involve looking at the whole body, including the genital area, but an internal examination will not be undertaken.

Emotional support
Sexual abuse can affect young people in all kinds of ways. Many children and young people have told us they feel confused and upset about what has happened to them. They have said that having the chance to talk about their feelings really helps. An NSPCC worker will be present at the clinic appointment where you and your child will have the opportunity to hear more about the emotional support that can be offered, and you will be given a choice as to whether you want to access support from the NSPCC or not.

We also know that parents and carers of children who have experienced sexual abuse can play a really important role in helping their child. As the parent or carer you will be involved in helping us to identify your child’s concerns. You will also be involved in thinking about your child’s longer term therapeutic needs.

The workers have a wide range of approaches. Some of these include talking, play and creative activities such as painting, drawing or storytelling.

On completion of the sessions the worker will:
• Complete a detailed report identifying your child’s therapeutic needs.
• In agreement with you and your child, refer you on to appropriate agencies for on-going and longer term therapeutic support.

Will you know what happens in the sessions?
The worker will treat all information in the sessions in confidence. However, if your child tells the worker something that suggests they, or someone else is at risk, this will have to be passed on. In our experience young people often don’t want to talk with their parents or carers about what has happened in their sessions. If this is the case, it is important that you respect their privacy. You may have the opportunity at the final review to hear about the work.

We will provide up to 6 sessions to you and/or your child in order to support them through the initial stages soon after disclosure. During the sessions the worker will get to know your child, and together with you both, make an assessment of their immediate needs which will inform the focus of the support. In addition, an assessment of longer term therapeutic need or support will also be made.
To find out more, please contact us at:

**NSPCC Croydon Service Centre**
The Courtyard, 245 High Street
Croydon, Surrey CR0 1NF

Phone us on: **0208 253 1850**
Email us at: croydon.servicecentre@nspcc.org.uk

---

**Adults** worried about a child, can contact the NSPCC Helpline, for free, 24/7, advice and support on:

Phone **0808 800 5000**
Text **88858**
Email help@nspcc.org.uk
Visit nspcc.org.uk/helpline

---

**Children and young people** who need someone to talk to can contact Childline, for free 24/7 support, on:

Phone **0800 1111**
Visit childline.org.uk
to have a 1-2-1 chat with a Childline counsellor, or email the Childline team.