Lung Function Questionnaire*

Do you suffer from breathing problems and/or frequent cough?

These questions ask about your breathing problems and/or frequent cough. As you answer these questions, think about how you feel physically when you experience these symptoms. For each question, choose the one answer that best describes your symptoms. Share the answers with your healthcare provider.

**Step 1:** Answer each question and write the score in the box next to it.

**Step 2:** Add together the scores in each box to get your total score.

**Step 3:** Take the test to your provider to talk about your score.

1. **How often do you cough up mucus?**

   Never 5<br>   Rarely 4<br>   Sometimes 3<br>   Often 2<br>   Very often 1

2. **How often does your chest sound noisy (wheezy, whistling, rattling) when you breathe?**

   Never 5<br>   Rarely 4<br>   Sometimes 3<br>   Often 2<br>   Very often 1

3. **How often do you experience shortness of breath during physical activity (walking up a flight of stairs or walking up an incline without stopping to rest)?**

   Never 5<br>   Rarely 4<br>   Sometimes 3<br>   Often 2<br>   Very often 1

4. **How many years have you smoked?**

   Never smoked 5<br>   10 years or less 4<br>   11-20 years 3<br>   21-30 years 2<br>   More than 30 years 1

5. **What is your age?**

   Less than 40 years 5<br>   40-49 years 4<br>   50-59 years 3<br>   60-69 years 2<br>   70 years or older 1

**Step 4:** If your score is 18 or less, you may be at risk for Chronic Obstructive Pulmonary Disease (COPD). COPD includes chronic bronchitis, emphysema, or both.

This questionnaire is intended to determine your risk of COPD. It does not diagnose COPD. Ask your provider if you need a simple breathing test.

No matter what your score is, you should talk to your healthcare provider about your symptoms.