

# Community Grants 2017/18

FINAL REPORT TEMPLATE



**Wandsworth**  
Clinical Commissioning Group

## NHS Wandsworth Clinical Commissioning Group

**The purpose of this grant is to support community and voluntary sector organisations to:**

- work with disadvantaged communities, and those most at risk of poor health
- ensure those most often unheard are enabled to strengthen their voice about their healthcare needs to shape NHS services in Wandsworth and improve access to appropriate and local healthcare
- help groups to tackle health inequalities by supporting people to live healthier, happy lives

**Please use this template as a guide to the main points that should be covered in your final report. You can be as creative and expressive as you like in your report and how it is presented. It is not necessary to stick to this template as long as you cover all the points below:**

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### 1. Who were the beneficiaries of your project?

Where they older people; younger people; people with physical disabilities, people with learning disabilities; people with mental health conditions; LGBTQ; pregnant women and those who have recently given birth; ethnicity; religion; men or women; carers; socio-economically deprived communities; working population; other...? (please describe)? An Equalities Monitoring form template is available from the CCG.

People with Learning disabilities and physical disabilities, mental health and ASD. Male And female. With a mixture of ages from 25 to elderly.

### 2. Please tell us how you promoted equality, diversity and inclusion? For example, think about the communication and access needs of the project beneficiaries and how you worked to support them.

We hired an accessible training kitchen with adapted work surfaces. We provided accessible information about the course and our plans and how we felt we could help people with learning disabilities and autism.

### 3. What did you do? (List your activities, locations, number of times they were held, how many people took part)

We had two groups of people that were involved in working together to get what we needed to put the recipe book together. The groups met on a Monday and Tuesday for a two hour session. There was between 8 and 10 people in a class at one time. We spoke to the group about what they like to cook or what they would like to cook more of.

### 4. How did you measure the impact of this project? How did your achievements compare with what you set out to do? (methods, any pre and post measures, your theory of change, learning, barriers)

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### 5. What went well?

The people involved in this project really enjoyed all the sessions and hopefully learnt from what we cooked. Everybody participated well and they all look forward to when the book is finally put together and they can use it at home with the friends and family and be able to cook themselves using step by step accessible recipes.

### 6. What could have been better?

It would have been better for us if we did not have the problem with the use of the kitchen and the access was continuous.

### 7. What were the results (outcomes) of your project?

We was a little set back because we lost the use of the kitchen for a while. We have most of the pictures and the recipes the next steps are to just put the book together and everything in place ready for printing.

### 8. How has this project helped you to sustain your work with disadvantaged communities?

By having a range of accessible menus we have been able to improve the quality and value of our cookery sessions. The support workers have worked hard to promote the independence during these classes.

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### 9. What benefit did your organisation or your beneficiaries get from you attending Thinking Partners, the CCG AGM?

It was useful to meet the representatives from the other beneficiaries of the grants particularly the smaller providers with whom there was no previous network.

### 10. What are the health and wellbeing priorities of your beneficiaries?

The benefits is members being able to follow and cook step by step recipes at home. Using healthier options when it comes to ways of cooking and choices of food.

### 11. What recommendations do you have for how health services can be improved? Please indicate, if known, which level of health or social care the recommendations apply to. For support with this please see the National Involvement Standards to support your thinking.

#### National Level (Strategic)

**Clinical Commissioning Group:** More promotion of the individual health budget

#### Local Authority – Council

**Service provider (Operational):** More funding opportunities for health and wellbeing projects

#### Your organisation / group

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Individuals

**12. Please add anything else that you would like the Clinical Commissioning Group to know about your project and where possible include quotes, photos and stories about your project and its beneficiaries.** (The CCG may use these materials on social media/ online to promote areas of good community practice.)

Please return your completed report by Monday 17<sup>th</sup> December 2018 to:

Naomi Good

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Wandsworth Clinical Commissioning Group

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